



YOUR CAT'S HEALTH, OUR PASSION • VOLUME 2, ISSUE 5 • MAY 2010 NEWSLETTER

NUTRACEUTICALS: IMPROVE AND MAINTAIN YOUR CAT'S HEALTH AND WELL-BEING

Nutraceutical is a term combining the words *nutrition* and *pharmaceutical*. According to wikipedia, a nutraceutical is "a food or food product that provides health and medical benefits, including the prevention and treatment of disease." For pet caregivers, nutraceuticals can be used to improve or maintain the health and well-being of a furry family member.

The Sacramento Cat Hospital uses nutraceuticals to aid in the overall health of not only our foster kitties, but our feline patients as well. These products support healthy joint function, a healthy immune system, skin and coat health, and more.

Products such as Cosequin, Cosequin for Cats, and Dasuquin help with joint disease, such as arthritis, which often affects more mature kitties. These products can help slow arthritis and restore joint architecture.

Cosequin is a non-flavored capsule that includes Chondroitin and Glucosamine in appropriate concentrations. Glucosamine, an amino sugar, is thought to promote the formation and repair of cartilage. Chondroitin, a carbohydrate, is a cartilage component that is thought to promote water retention and elasticity, and inhibit the enzymes that break down cartilage. Cosequin for Cats comes in a sprinkle capsule with natural chicken and tuna flavors.

Dasuquin is also a Glucosamine/Chondroitin supplement that comes in flavored capsule form; however, it contains avocado oil to help promote production of aggrecan, a major structural component of cartilage.

Omega-3 oils help support the organs of our feline friends. Omega-3 oils assist in treatment of heart disease. For kitties with

dry skin, supplementing with Omega-3 oils may help control dander. There are many different types of feline Omega-3 oils, including Welactin and Tri-V capsules.

L-Lysine, an amino acid, can aid in the control of Feline Herpesvirus, a prominent viral infection that persists in a large population of kitties. L-Lysine helps decrease the likelihood of viral replication by supporting your kitty's immune system. Kitties who receive L-Lysine supplements typically experience fewer outbreaks of symptomatic disease ranging from conjunctivitis (inflammation of the conjunctiva of the eye) to a full-blown kitty cold (upper respiratory infection) which requires more involved treatments. L-Lysine comes in powder, gel, and tasty treat form.

There are many other nutraceuticals available that provide support for digestive and bowel function, eye health, liver function, and stress and anxiety. Talk with one of our knowledgeable doctors about nutraceutical options for your kitty.

May Special Offer for Our Readers

During the month of May, we're offering free trial samples of nutraceuticals. To be eligible for these samples, your kitty must have received a physical exam at the Sacramento Cat Hospital within the last year. Please ask us for more information.

JOIN US ON MAY 23 FOR OUR ARTS & CRAFTS FAIR

Please join us on Sunday, May 23 for our second annual Cat's Meow Arts & Crafts Fair. The fair will be held from 10:00 a.m. to 2:00 p.m. in our back parking lot.

Come and browse unique handmade and artisanal items, including art glass, quilting, girls' accessories, hand-crafted wood artistry, custom cat trees, jewelry, hand-made stationery and cards, purses, and crocheted blankets and accessories.

Fairgoers can participate in a silent auction and bid on some really cool items, and purchase raffle tickets for a chance to win great prizes. They can also purchase delicious baked goods and other treats to sample as they shop.

All proceeds from the Fair will benefit the Sacramento Cat Foundation Benevolent Fund, which was established in 1989 to provide treatment for injured, sick, and feral cats.

We look forward to seeing you there!

WEEKLY VACCINATION CLINIC

Every Wednesday and Saturday, from 1:00 to 2:30 p.m., the Sacramento Cat Hospital holds a vaccination clinic. No appointment is necessary; just bring your kitty by for his or her yearly vaccines.

The Sacramento Cat Hospital prides itself on using only non-adjuvanted vaccines. Many vaccines used at vaccine clinics are adjuvanted, which means they contain an additive to help the cat's body absorb the vaccine. Unfortunately, the adjuvanted vaccines have been shown to cause inflammation or even cancerous tumors at the injection site.

For more information about our non-adjuvanted vaccines, please talk to our knowledgeable technicians and doctors.

Don't miss an issue of our newsletter! Sign up to receive each month's issue by email. To subscribe, just go to www.sacramentocathospital.com, or speak with one of our staff members.

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